**District 25 Business Meeting Agenda**

Dec 8, 2022, 6:30-8:30 pm (**140 min dedicated**)

Zoom: Meeting ID: 89509896402// Password: 196240

All Al-Anon members are welcome.

**Opening** (6:30 pm; 10 min)

Serenity Prayer: Let’s begin w a moment of silence, followed by the Serenity Prayer. “God grant me the serenity to accept the things I cannot change, Courage to change the things I can, And wisdom to know the difference”.

Steps Traditions Concepts and Warrantees – volunteer to read (read just trad and concept of month to save time)

Welcome newcomers to our district meeting. We are glad you are here. If you like, please introduce yrself by yr first name. Welcome “\_” to our District 25 Business Meeting. We are glad you are here.

Introductions of Participants. Please identify yrself (verbally and Zoom “name”) by 1) yr preferred name, 2) yr Group name, if GR, and/or 3) District Officer/Coordinator position.

Voting Guidelines/Procedures/Substantial Unanimity/Conventions (approved by GRs 2/2022)

The District Guidelines will b included in our D25 service handbook when it is published in 2023.

a) Guidelines for general discussion:

a. Start and stop the meeting on time.

b. Stick to the set agenda and suggested time frame for agenda items. Items that run out of time can b extended, moved to next months business meeting or assigned to a task/thot force or go bak to groups based on district group conscience.

c. Obtain a "volunteer timer" for each agenda item and for each individual speaker.

d. For Zoom meetings, "raise yr hand" icon and you will b called upon in order. For in person meeting discussions, "go around the table in order".

e. Stick to 2min individual share time limit and stay on topic.

f. If someone says what you were going to say, don’t repeat it (say "Pass" or something similar).

g. Focus on assuming trust and goodwill. Be polite and courteous. Listen.

h. No side conversations. Avoid or minimize distractions.

i. Use guidance fr Al-anon Steps, Traditions, Concepts & Warranties and the Al-anon/Alateen Service Manual.

b) Motions pass w substantial unanimity of GR votes counted (2/3). Minimum 3 GRs to vote. (passed 1/2021)

c) Knowledge-Based Decision Making (KBDM) (al-anon12.org) .

Overview – To allow an informed group conscience, where everyone has all the information (advanced reports) to make a decision, everyone including the minority view has been heard and adequate time has been taken b4 Making a Decision. The group conscience fr KBDM represents our Higher Power in wch members are voluntarily obedient to that wch is unenforceable.

Process - Motion or topic is presented by task/thot force or individual, f/b 5 KBDM Q/A responses, background and history; Questions are asked for clarity directed to presenter; Round Table presentation of points of view/opinions, including minority view; Make a decision – status quo, vote on motion, move to task/thot/work force. Chairperson or DR is facilitator of process (does not vote). District members utilize agreed upon voting guidelines and informed by Traditions and Concepts. Motions are passed w Substantial Unanimity or 2/3’s of GR voting affirmative.

d) Agenda: This is set by DR for the District business meeting. The DR will initiate a call for advanced reports a week to 10 days prior to the District business meeting. Advanced reports indicate that a D25 member is interested in a discussion, group conscience or even a KBDM at the District business meeting. A topic or motion is proposed in the advanced report w accompanying background, history, 5 KBDM answers, etc. Upon receiving advanced reports, the DR will organize them into the Agenda and allocate time suggestions for the business meeting. If no advanced report is submitted, the DR will allocate 3- 5 min for each officer, committee chair and GR verbal report for the business meeting. The Agenda will then b sent out to all District Officers, Committee Chairs and GR’s the Monday b4 the Thursday District business meeting. In this manner, District membership have all the information that they need to discuss and make a decision at the District meeting in advance.

**Volunteer Timer**: Identify a timer person for ea speaker (2 min) and each agenda item (as noted in agenda). As a courtesy have the timer provide a 30sec or other warning to the speaker when time is nearly up.

**Total dedicated time is 140 minutes; plz review the Agenda and decide how long our meeting is today (1.5 hrs or 2 hrs) then identify if Agenda items can b struck or deferred, assigned to a thot/task force or require less time or other solution before moving further.**

**Secretary Report** Bill K (5 min) Nov 2022 minutes (see attached report) - if no additions or corrections, chair will entertain a motion to approve. Who so moves? Second? Vote: Yay/Nay/Abstain

Bill K is stepping down as D25 Secretary. Plz send yr well wishes and gratitude to Bill K for his service to D25. Nominations and volunteers for D25 Secretary are considered at this time.

**Treasurer Report** Bill G (20 min) (see attached reports) –

Nov Treasurer report: if no additions or corrections, chair will entertain a motion to approve. Who so moves? Second? Vote: Yay/Nay/Abstain

Budget 2023 proposal and discussion. Goal: vote to approve.

**Group Reports** (5 min ea or 25 min total) GR’s share their group news, problems, and successes. This is the GRs time to receive E/S/H fr District membership on any particular Q, problem, issue, etc.

“Acknowledge new GRs who attend their first D25 meeting. Provide an orientation to new GRs to welcome them and help them understand the service structure and their role as GR. (Guidelines for District Meetings, Al-anon.org); Do any newcomer GRs have any Q? Do we have any volunteers to assist a newcomer GR after the meeting?”

**All GR 3 yr terms end 12/2024, unless stated otherwise.**

Blaine Serenity #501896 – GR Mary Jo M; Jane, contact person; BZ meeting: NA

Hope For Today # 30769448 – GR Nancy F; BZ meeting: 1st Monday

Happy Hour #47279 – GR none; BZ meeting: 3rd Tuesday

Care Deeply #49485 – GR none; Christina contact person; BZ meeting: NA

Sunrise Super Glory #30523017– GR Jerry B; BZ meeting: Last Friday. Note: term ends 12/2022

Ferndale Friday #30637560– GR Sharon K; “BZ meeting: third Friday of the month: Ferndale Friday night continues on Zoom. attendance 9-12.  We are having a grp holiday social 12/9 @ member home in Ferndale.  Marty A & I successfully set up for & sussed out how to best do a hybrid meeting at LHC mtg site.  The group goals: Take a grp conscience re: hybrid meetings ( weekly, 2x/mo?), limitations with staffing for tech (we have 2-3 folks able vs. available), cost (ending our separate Zoom acct & using D25 acct if available Fri@6-7:30p + room rent). Then we'll do a trial of mtgs to ck customer satisfaction. ;D”

Sea of Serenity #30518193 – GR Alycia; BZ meeting: 3rd Saturday

Touchstone # 30648948 - GR Kaz: BZ meeting: 3rd Sunday

**District Representatives Report from AWSC** (20 min)

New business:

1. Problem: We now have 8 meetings w only 5 GR’s. Discussion Q: Is there support for GR’s that’s missing or an issue to address? Available resources: step sponsors, service sponsors, GR circle online; DR available for conflict resolution, group inventory or help w group business meetings; Barriers: “prolonged social isolation and anxiety on a global scale as we come out of pandemic”; universal stressors high (uncertainty, lack of control and incomplete information); Suggested spiritual solutions for GR’s?
2. Newcomer meeting and/or a newcomer “breakout” for group meetings; [G2.pdf (al-anon.org)](https://al-anon.org/pdf/G2.pdf). Do we have a need for a Beginners meeting in D25? How are we serving/attracting newcomers to Alanon in D25 as we come out of the pandemic?
3. AWSC, Feb 25 2023, Poulsbo; PEM in WA vs GEA (see email attachement)
4. OTOT, 12/13/2022 Zoom only (see email attachement)
5. Newsletter; LA intergroup Al-Anoncer Dec 2022, (see email attachement)
6. District Service Handbook Committee: Call to all D25 Officers and Committee chairs to write a brief “job description” and submit to the committee or DR ASAP. Committee volunteers to organize the Handbook Jan 2023.
7. District Group Inventory Discussion; thot force subcommittee?
8. Maple Falls/Kendal Alanon Meeting, 2 newcomers looking for in-person meeting in that area.

Old Business:

1. Oct 2022 Unanimous approval for GR’s to send group record changes to D25, A59 and WSO websites
2. Background info and spiritual guidance to ponder:
   1. A D25 member has made GRC requests (x12) to A59 and WSO on behalf of 4-5 GR’s, including an inactive group, Nov1,5,13.
   2. Nov D25 meeting, DR asked if the new procedure needed to b modified or if there were barriers to being “obedient to the unenforceable” group conscience. There was no discussion or modification of motion, however, actions are not in compliance w group conscience.
   3. DR: The DR has worked on getting accurate info at A59 and WSO on all D25 groups, focusing mostly on inactive or closed groups since Jan 2022. This was a discussion item in the Agenda in Oct and Nov (and even earlier District meeting regarding Peaceful Waters and other inactive/closed group conscience etal). The DR was tasked by a group conscience to handle the inactive and closed group info on A59 and WSO websites. The DR is also backup and support for GR’s.
   4. A59 and WSO websites: Is the info on these sites still inaccurate for our groups?
   5. DR’s and GR’s can make changes directly to A59 and WSO websites but we were told at Fall Assembly that those changes will b temporary as the websites updates will revert the info back to the original older date. The only way to make changes permanently on the websites is to submit a records change form to the A59 GRC coordinator, Yvette. This was confirmed by Area Chair and Area GRC.
   6. Q: Is the current procedure not working for D25 GR’s Where does the problem lie? What is the spiritual solution? is this an outside issue? Is this double-headed management? Is accuracy provided by Area Group Records Coordinator for A59 and WSO websites an outcome that we have any control over? Are we “obedient to the unenforceable” and working our program around this issue?
3. DR: Area Service Positions
   * 1. Ongoing (3 yr term) Area Budget Committee 2022-2024
     2. Upcoming: SSA May 19-21, 2023 D25 host spiritual meetings w Jerry as lead
     3. Completed:
        1. Fall Assembly 2022 Registration volunteer and attendance
        2. Area Officer Safety and Code of Conduct subcommittee; Motion approved Pre-Con 2022.
        3. Pre-Con 2022 Registration volunteer
4. Alternative DR needed (requisite – previously GR, currently attending alanon in D25, not an AA member). Proposals and/or volunteers.

Secon 2.1.E Meals

1. Meals will be reimbursed on a Per Diem basis. See a$ached proposed rateAlt DR – position open

**Committee Reports** (5 min ea if no motion or advanced report submitted by Agenda dealine; 55 min total)

1. **District Alateen Coordinator** – Julie E (see advanced report found in agenda email) 20 min
   1. Motion: 2023 Alateen proposed budget
   2. D17 Alateen Sponsor Training flyer – see pdf in agenda email
2. **Literature Distribution Coordinator** – Peckie B. (no advanced report) 5 min

Motion: “LDC to set aside ~$600 of alanon/alateen books currently in inventory that are out of date and/or not moving, to b used by D25 membership, DAC, LDC, POC, GRs etc for outreach purposes, eg.**free** giveaways to individuals or institutions, new meeting startups, newcomers, etc. The assumption is that most out of date books will b handed out locally (whatcom county only) by (any) D25 Alanon members when there is an identified need. LDC to keep a current listing of  available out of date literature for District membership to access; “

Background: this motion was a stab in the dark by the budget committee to identify how much inventory we have in lit that will not move bcz its "out of date", not  the latest print/edition or just has been sitting on the shelves for years not moving d/t lack of interest.  Our lit inventory went fr $1700 to $2000 this year. We spent $900 on lit for the year. Does that mean we have $1000 in non-moving stock?

Our goal was two-fold: 1) to identify literature that isnt selling and take it out of our salable inventory; 2) to create a "giveaway" or free literature category for all members to have access to for "outreach" purposes.

Some points for discussion:

1. is the assumption correct that we have some lit that hasnt moved in several years or for a "long time" and probably never will move?

2.  What is the approx dollar amount of "non-moving" lit? (the $600 was a blind guess. we wud like info on what wud b a more realistic #)

3.  Can we list these lit items that dont move and put them in a "giveaway" category?

4.Can we distribute or make available this list of "giveaways" to all D25 members, GRs, officers and committee chairs?

5.This wud b a 1:1 giveaway that does not have to b vetted, rather it is at each individuals discretion for the purpose of "attraction not promotion" in D25.  Giveaways of lit outside of the county would b excluded fr this option and are considered an "outside issue".

6. **Free** Giveaway destination ideas include: a) individual D25 members cud look at the list and "giveaway" some of the lit to their doctors office, counselors or to another person in need; b) POC and GR's cud look at the list and use some of the lit items in their Outreach efforts; c) some of the lit cud b used for start up meetings; d) giveaway/free lit for newcomers; et al.

1. **Public Outreach Coordinator** – John B (no advanced report) 5 min (term ends 8/2023)
   1. Request fr several members to have the meetings schedule published on website calendar

4) **Technology Administrator** – Kaz 20 min (term ends 8/2024)

Old Business:

**“Revised** DISTRICT 25 TechAdmin Report

*District Zoom*:

at the end of December, as requested by HappyHour Zoom-host, will add Happy Hour to the District’s Zoom Account management page (at Zoom.com), and will then immediately update the corresponding HappyHour link as posted on the District website;

corrected settig that incorrectly conveyed the impresion Zoom was creating meeting transcripts

*District Website*:

up-to-date with all meeting information received;

added earlier District Business Meeting documents thru-&-including Sept.`22;

will adding older District Business Meeting documents from before Sept.

*District Email Accounts*:

When I accepted the TechAdmin position, there were several Gmail addresses used by District officials; they were complex and very time-consuming to transfer from prior “users” to current “users”; i personally would not be willing to manage Gmail accounts in the future, as they are not owned by, set up by, or associated by name with the District

After becoming better acquainted with the prior District web-host (Lithium), I discovered that there were about a dozen WhatcomAFG.org email addresses provided by Lithium that were almost completely unused, possibly in part because of individual officer use of Gmail addresses;

i attempted to convince District officers to use the Lithium email addresses—however, because of the subsequent failure of the entire Lithium service, that did not & could not complete

The new webhost, Wix, does not provide free email service, so i found a separate free service available from Zoho;

however, the free Zoho service limits accounts to only 5 addresses, and does not provide individual email services, such as forwarding to non-Zoho addresses;

of the 5 Zoho addresses i created, only 3 were ever accessed, and none have been used regularly, making it unclear if email addresses are even a priority for District officers;

getting more complete service from Zoho would cost $12/month/USER, even at a minimal level, making it much more expensive than i had initially understood—however, at the moment there is a 30% discount for the first year of Zoho service;

other available options may also be an option, such as from the current webhost, Wix, or from other commercial email service providers

I am not willing to assist in managing individual Gmail addresses as TA, due to the time and complexity of transitioning them to new District officers, and I believe it is unfair to ask future TA officers to do so;

I am not tasked with making financial recommendations to District;

I am not convinced that email service is a priority for all existing District officers, but I cannot forecast if or when that may become a priority for future officers

Current status: 5 free Zoho addresses are still available to use, and i will (re)name & (re)allocate them however directed by District

-Kaz, Dist25 TA

PRIOR version:

On Nov 29, 2022, at 4:58 PM, K.Z. Sama <kazesama@mac.com> wrote:

﻿Discovered that Zoho Mail would charge per-user, not per account:  
current 30% discount comes to $8.40/user per month for the minimal data use.  
I do not recommend that expense given the minimal use of email so far.  
  
In the meantime, have updated the 5 available free addresses,  
and reflected that on the website.”

Fr DR:

a) reminder that we have a D25 email list of all GR’s, officers and committee chairs. Maybe this list wch is posted on every monthly agenda is all we need. Mayb the website only needs emails for 1) DR for gen Alanon Q and 2) TA/kaz for website tech issues. Bill G updated the D25 list last. Its probably time for another update (or soon).

b) Note: D25 cannot use dr@wa-al-anon email for DR communications w D25 membership as requested by Kaz and another member. This is an Area email meant for communications btwn Area and DRs only (not for District Groups and members).

New Business – ongoing unresolved issues fr previous Agenda:

* 1. Motion: publish D25 calendar on whatcomafg.org, to include district business events, such as business meetings every second Thursday, annual budget committee meetings, bi-annual Fundraiser Event, Committee meetings, etc.
  2. Motion: Archive drop down box on website available to all: events, meeting minutes; other? Consistent w A59 archive procedures.
  3. Motion: publish 7th Trad payment method for each group and Alateen
  4. Motion: publish D25 LDC contact information for lit sales on website (currently it only has WSO website link)

5) **Fundraiser Committee** – (no advanced report) 5 min

a. D25 Fundraiser and Potluck: Dec 10: 5-9pm; group and individual member baskets or “giveaway” gifts; $1 raffle; Alanon birthday countdown celebration; WSO fundraiser; 30 min Alanon speaker (Zenda) & AA speaker (Morgi); **year end reports fr D25 officers and committee chairs**; lit table for sales; Public Outreach and Alateen displays. First Baptist Church, Ferndale. Looking for “set up/tear down” volunteers.

b. 2023 Fundraiser ideas: Spaghetti feed or Taco bar and “Conflict Resolution thr the Traditions” Workshop, $10/plate, includes $10 workshop (Mar and Sept); continue w bi-annual “Fundraiser and Potluck” July and Dec; Needs committee members

**Old Business** – (conducted in each section)

Open GR positions: Blaine Serenity, Happy Hour, Care Deeply, Super Glory Sunrise

Open D25 Positions: Alt DR, Secretary, Archivist, Newsletter.

Open Area 59 Positions: see Wa Area Wanderings for complete list or wa-al-anon.org

Open WSO Positions: see al-anon.org

**Tradition 7** – (~7:30 pm) DR “we have no dues or fees: according to our Seventh Tradition, ‘Every group ought to b fully self-supporting, declining outside contributions.’ We do this through our own voluntary contributions by passing the basket to cover group expenses, including rent, purchase of literature and support of our service arms. We contribute in gratitude for what we have received from Al-Anon” p19 Service Manual.

7 th trad contributions (reminder to identify yr group and/or WSO # on yr payment method):

District 25: checks payable to “District 25 Al-Anon”. Mail to: Whatcom AFG, PO Box 1550, Bellingham WA 98227

Area 59: https://wa-al-anon.org/7th tradition or New mailbox for Area Donations: Wa Area AFG; 12128 N Division st., PMB 1531; Spokane WA 99218

WSO: al-anon.org Home page>contributions or WSO Treasurer/Donations, 1600 Corporate Landing Parkway, Virginia Beach, VA 23454-5617

**New Business** (5 min each as time allows; most new business is conducted in ea section, however any member can bring up new business for D25 to KBDM)

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**Service Topic Discussion** (5 min b4 closing) see G15. Who would like to volunteer to lead the discussion on a Service Topic of yr choice or the current Tradition or Concept of the month?

Tradition 12: Anonymity is the spiritual foundation of all our Traditions, ever reminding us to place principles above personalities.

Concept 12: The spiritual foundation for Al-Anon’s world services is contained in the General Warranties od the Conference, Article 12 of the Charter.

General Warranties of the Conference:

In all proceedings the World Service Conference of Al-Anon shall observe the spirit of the Traditions:

1. That only sufficient operating funds, including an ample reserve, be its prudent financial principle;
2. That no Conference member shall b placed in unqualified authority over other members;
3. That all decisions be reached by discussion, vote and whenever possible by unanimity;
4. That no Conference action ever b personally punitive or an incitement to public controversy;
5. That though the Conference serves Al-Anon it shall never perform any act of government; and that like the fellowship of Al-Anon Family Groups which it serves, it shall always remain democratic in thought and action. (copyright 1996)

**Closing** (8 pm) To all who chose to, please join in closing with the Al-Anon Declaration:

“ Let It Begin with Me When anyone, anywhere reaches out for help, let the hand of Al-Anon and Alateen always be there, and Let It Begin with Me”

**Service Dates for GR’s and DR’s**

**2023**

AWSC Feb 5, 2023, needs host.

PreCon March 31-Ap1 2023 Campbells Resort, Lake Chelan.

SSA May 19-21 2023 Warm Beach Conference Center, Stanwood. D25 hosting spiritual meetings

AWSC Aug 2023 – open for hosting

Fall Assembly Oct 6-8,2023, needs host.

**Resources**

District 25 2022 Contact – D25 contact list Mar 5 2022.pdf

Area 59 Panel 62 contact list: see current Wa Area Wanderings

Area 59: WA Area Alanon – Washington Area 59 Alanon (wa-al-anon.org)

Area 59 Newsletter May 2022 final wa area wanderings.pdf

World Service Office: Al-Anon Family Groups

Guidelines for GR G11.pdf (al-anon.org)

Guidelines for Group Meetings G13.pdf (al-anon.org)

Guidelines for DR G37.pdf (al-anon.org)

Guidelines for District Meetings G15.pdf (al-anon.org)

Guidelines for Reserve Funds G41.pdf (al-anon.org)

Guidelines for Literature G-31 (al-anon.org) G18.pdf (al-anon.org)

Guidelines for Forum Writing and Submission (F-1) [TheForumWritingGuidelines.pdf (al-anon.org)](https://al-anon.org/pdf/TheForumWritingGuidelines.pdf)

Welcoming Checklist – welcoming-checklist.pdf (al-anon.org)

Knowledge-Based Decision Making (KBDM) 2012 Knowledge-Based Decision Making (KBDM) (al-anon12.org)